



climbing ['klaɪ.mɪŋ] 爬山、攀岩
 climber ['klaɪ.mə] 登山、攀岩者
hiking ['haɪ.kɪŋ] 健行
 hiking boot ['haɪ.kɪŋ ,bu:t] 長走靴

go mountain climbing 爬山
go hiking 健走、健行



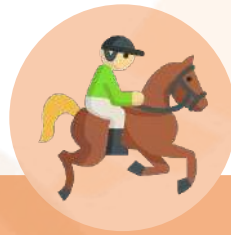
run [rʌŋ] 跑步
sneaker ['sni:kə] 運動鞋
field [fi:ld] 運動場

run 跑步



jog [dʒɑ:g] 慢跑(動詞)
jogging ['dʒɑ:ɡɪŋ] 慢跑(名詞)
 jogging suit ['dʒɑ:ɡɪŋ ,su:t] 慢跑服

jog/ go jogging 慢跑



horse riding ['hɔ:rs ,raɪ.dɪŋ] 騎馬
horse [hɔ:rs] 馬
 polo ['pəʊ.ləʊ] 馬球

go horse riding 騎馬



bike [baɪk] 腳踏車
bicycle ['baɪ.sə.kəl] 腳踏車
helmet ['hel.mət] 安全帽

go biking 騎腳踏車



boating ['bəʊ.tɪŋ] 划船運動
row [rəʊ] 划(船)
 oar [ɔ:r] 一副船槳

go boating 划船