

## ❖ Athletics (Track And Field) 田徑項目



◎ 徑賽 Track



★ 短跑 Sprint

■ 100 米 Men's/Women's 100-Meter Race

■ 200 米 Men's/Women's 200-Meter Race

■ 400 米 Men's/Women's 400-Meter Race



★ 接力 Relay

■ 四百公尺接力 The 4x100m Relay

■ 一千六百公尺接力 The 4x400m Relay

■ 混合接力 四百公尺接力 Mixed 4x100m Relay



★ 中長跑 Middle Distance Running



★ 長跑 Long Distance Running



★ 馬拉松 Marathon



★ 競走 Walk/ Heel-and-Toe Walking Race



◎ 田賽 Field



★ 障礙賽 Steeplechase



★ 跨欄 Hurdling

■ 四百公尺跨欄 400 m hurdles



★ 跳高 High Jump



★ 撐杆跳 Pole Vault

★ 跳遠 Long Jump/ Broad Jump

★ 三級跳遠 Triple Jump



★ 投擲 Throwing

★ (推)鉛球 Shot Put



★ (擲)鐵餅 Discus Throw

★ (擲)鏈球 Hammer/ Weight Throw



★ 標槍 Javelin Throw

★ 男子十項全能 Decathlon

★ 女子七項全能 Heptathlon